

**SOUTHERN ASSOCIATION JUNIOR OLYMPIC
CROSS COUNTRY CHAMPIONSHIPS
SATURDAY, NOVEMBER 18, 2017**

QUALIFYING MEET FOR THE USATF NATIONAL CHAMPIONSHIPS

Hosted by: Peak Performance Track & Field / Cross Country Club

Site: Madison Middle School, Madison, MS. Note: GPS Address: 1365 Mannsdale, Road, Madison, MS 39110.

Sanctioned by: Southern Association of USA Track & Field

Registration: (1.) Register on-line www.athletic.net Entry deadline is Thursday, November 16, 2017 by 11:59PM Central Time. No on site registration on the day of the meet. To be eligible to compete in this meet, one must be a resident of the USATF Southern Association (Louisiana & Mississippi). To be able to register with www.athletic.net all participants, team members or unattached competitors must purchase a USATF Membership Number through www.usatf.org.

Entry Fees: \$10.00 per individual.

Qualifying Procedures: **This meet will serve as the qualifying meet to the 201 National Championships in Tallahassee, Fl. on Saturday, December 9, 2017.**

To qualify as an individual, one must finish in the top 15 in their age group. The first place team in each age group will also qualify.

Age Divisions and Distances: 8 & Under (born 2009 & above) 2000 meters (1.2 miles)
9-10 (born 2007-2008) 3000 meters (1.8 miles)
11-12 (born 2005-2006) 3000 meters (1.8 miles)
13-14 (born 2003-2004) 4000 meters (2.5 miles)
15-16 (born 2001-2002) 5000 meters (3.1 miles)
17-18 (born 1999-2000) 5000 meters (3.1 miles)

Time Schedule: Note: Some age divisions and boys and girls races could be combined.

8:00 AM: Registration begins

9:30 AM: 6-8 yr. old Boys and Girls--2000 meters

9:45 AM: 9-10 yr. old Boys and Girls--3000 meters

10:00 AM: 11-12 yr. old Boys and Girls--3000 meters

10:30 AM: 13-14 yr. old Boys and Girls--4000 meters

11:00 AM: 15-16 yr. old Boys and Girls, and 17-18 yr. old Men and Women--5000 meters

11:30 AM: Awards presentation (medals to top 10 finishers in each division)

Additional Meet Information: Call Dennis Groll C. 318-355-2598; coachgroll@gmail.com

Website: www.usatfsouthern.org; www.peaktrack.net;