

MEET INFORMATION



USATF Southern Association Championships

June 10, 2017

Zachary High School
Zachary, Louisiana

Meet Director:
Roderic Newton
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225-978-4833

ENTRY INFORMATION AND INSTRUCTION

Entry Procedure

1. All entries will be done electronically through www.athletic.net. However, Masters are allowed to submit registration form within this packet.
2. Entry deadline is **Thursday, June 8th at 8:00 AM noon Central Time**
3. Online registration opens March 1, 2017.
4. **Fees MUST be paid online before the close of registration.**
5. You may make changes as often as you wish until the entry deadline.

Entry Fees

1. Entry fees are **\$8.00** per (youth) athlete and relays are free.
2. Open and Masters will be \$10.00 per athlete (relays fee for OPEN and MASTERS)
3. Payment will be made online through www.athletic.net
4. Certified officials who come to work the meet, entry fee is **free** with Officials ID

TEAM PACKET PICKUP

Coaches can pick up their team's meet packet at check in area identified in front of the stadium beginning 1 hour prior to the first event and will continue throughout the day.

UNATTACHED PACKET PICKUP

Unattached athletes can pick up their packet at check in area identified in front of the stadium beginning 1 hour prior to the first event and will continue throughout the day.

MEET PACKETS

Packets will include heat sheets, time schedule, athlete wrist bands and/or bib numbers if used.

SPECTATORS

General Public Admission cost is **FREE for USATF MEMBERS ONLY.**

All others Admission fee is \$5.00

EVENTS BEING CONTESTED (**represents events allowing Masters/Open participants)

3000m Run**	Long Jump**
1500m Run**	Pole Vault**
80m Hurdles**	Javelin**
100m Hurdles**	Shot Put**
100m Dash**	Triple Jump**
400m Dash**	4 x 100 Relay**
200m Dash**	4 x 400 Relay
800m Run**	4 x 800 Relay
300m/200m Hurdles **	
400m Hurdle**	
Race Walk**	



**USATF Southern Association
Track & Field Championships
June 10, 2017
Zachary High School**



Running Event Finals - 9:00 AM

3000 Meter Run	Masters, Open, 11-18 yrs
4x100 Meter Relay	Masters, Open, <u>All Youth Divisions*</u>
1500 Meter Race Walk	Masters, Open, 8 & U-18 yrs
400 Meter Hurdles (36")	Masters Men [30 – 49], Open Men, Boys 15-18 yrs
400 Meter Hurdles (33")	Masters Men [50-59]
400 Meter Hurdles (30")	Masters Women [30-49], Girls 15-18 yrs old
300 Meter Hurdles (30")	Masters Men [60-69], Masters Women [50-59]
300 Meter Hurdles (27")	Masters Men [70-Up], Masters Women [60-Up]
200 Meter Hurdles (30")	13-14 yrs
100 Meter Dash	Masters, Open, <u>All Youth Divisions*</u>
800 Meter Run	Masters, Open, 8 & U-18 yrs
3000 Meter Race Walk	Master, Open 13-18 yrs
400 Meter Dash	Masters, Open, 8 & U-18 yrs
1500 Meter Run	Masters, Open, 8 & U-18 yrs
110 Meter Hurdles (42")	Open Men
110 Meter Hurdles (39")	Masters Men [30-49], Boys 15-18 yrs
100 Meter Hurdles (36")	Masters Men [50-59]
100 Meter Hurdles (33")	Masters Men [60-69], Masters Women [30-39], Open Women, Boys 13-14 yrs, Girls 15-18 yrs,
100 Meter Hurdles (30")	Masters Men [70-79]
100 Meter Hurdles (30")	Girls 13-15 yrs
80 Meter Hurdles (30")	Masters Women [50-59], Masters Women [40-49], Girls 11-12 yrs, Boys 11-12 yrs
80 Meter Hurdles (27")	Masters Men [80-UP]
200 Meter Dash	Masters, <u>All Youth Divisions*</u>
4x800 Meter Relay	Masters, Open, 11-18, yrs
4x400 Meter Relay	Masters, Open, 8 & U-18 yrs

*All Youth Divisions Include Tint Tot [6 & U] Division.

All events will follow order stipulated but subject to change. Masters will begin with the age group of the oldest competitor then the Open Division down to the Youth Divisions with Women/Girls before Men/Boys unless otherwise stipulated.

Masters [30 & Up] -> Open [19 & Up] -> Tiny Tots [6 & U] -> 8 & U -> 9-10 -> 11-12 -> 13-14 -> 15-16 -> 17-18

All running events will be finals with heats against times. If participation is limited in respective age group events then the meet director reserves the right to combine heats, however awards and scoring will be done based on age groups.

Field Event Finals (4 attempts)

9:00 AM	Long Jump	Masters, Open, All Youth Divisions Pit A Boys Pit B Girls
	High Jump	Masters, Open, 13 – 18 yrs. old
	Turbo/Finn Javelin	7 – 12 yrs. old
	Discus	Boys/Men: Masters, Open, 13 – 18 yrs. old
	Shot Put	Girls/Women: Masters, Open, 7-18 yrs. old
11:30 AM	Javelin	Masters, Open, 13-18 yrs. old
	Discus	Girls/Women: Masters, Open, 13 – 18 yrs. old
	High Jump	7-12 yrs. old
	Shot Put	Boys/Men: Masters, Open, 7-18 yrs. old
	Triple Jump Pit A	Masters, Open, 13-18 yrs. old

9:30 AM Pole Vault Masters, Open, 13-18 yrs. old Boys followed by Girls

Field Events will be contested as follows:

- Each entry will have 4 attempts with exception of high jumps and pole vaults.

Their competition rules apply.

- No Finals, event awards are based on top competitors in each age division.

- All events will follow order stipulated. Masters will begin with the age group of the oldest competitor down to the Open division with Women before Men unless otherwise stipulated.

AGE GROUPS

Age Birth Year Maximum Events

0-6	2011 and Under	3
7 -8	2009-2010	3
9-10	2007-2008	3
11-12	2005-2006	3
13-14	2003-2004	4
15-16	2001-2002	4
17-18	1999-2000	4
Open	19 – up - Master 30 – up	-

****athletes born in 1998 are also eligible if they do not turn 19 on or before 8/2/2017